

## **Goals for a First Year Child**

The following developmental achievements are areas of growth that are important to notice in your child at this time.

### Independence

1. Walks into the classroom independently.
2. Cares for personal needs (hand washing, wiping spills, getting tissues, etc.)
3. Uses bathroom independently or with minimal assistance.
4. Follows simple safety rules.

### Self Discipline

1. Understands and works within classroom ground rules (using a quiet voice, walking in the classroom, how to interrupt, etc.).
2. Demonstrates care in the handling of materials.
3. Chooses a variety of tasks independent of the teacher.
4. Concentrates on one activity for an adequate amount of time.
5. Works independently without disturbing others.

### Self Confidence

1. Begins morning with confident separation from parent.
2. Shows eagerness to try new things (work, art, media, food, etc.).
3. Adjusts easily to change and transitions within the classroom (circle time, art, playground, etc.).

### Social Skills

1. Willing to use words to express feelings and work out conflicts.
2. Will ask for help when needed.
3. Cooperates at circle time by waiting turn, giving attention to person speaking, and demonstrating a burgeoning awareness of group needs.

Original Source: J. Zalles, Northeast Montessori Institute; 1989, revised 1994

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